

EDUCATION

The Chicago School of Professional Psychology, Chicago, IL
APA Accredited Program

M.A. Clinical Psychology, Degree Conferred
Psy.D. Clinical Psychology, Clinical Training

Aug. 2014 – June 2016
Aug. 2014 – March 2022

Marquette University, Milwaukee, WI.

B.A. Psychology; B.A. Philosophy
Minor: Family Studies

Aug. 2008 - May 2012

FOREIGN LANGUAGE

Spanish – native speaker

CLINICAL TRAINING

Mental Health Services, Edina, MN.

Intensive Outpatient Programming – Doctoral Intern

Aug. 2021 – March 2022

Supervisor: Morgan Schwartz, Psy.D.

- Trained in the provision of Dialectical Behavioral Therapy at the individual and group level, across symptomatology, and across the life span. Individuals attended group therapy 9 hours/week.
- Facilitated intensive outpatient programming as part of an integrated dual diagnosis treatment approach to manage substance use among adults.

Primary Care Psychology Associates, LLC. Chicago, IL.

Private Practice – Psychotherapist and Diagnostician Extern

Aug. 2019 – Aug. 2020

Supervisor: Denise Gardner, PhD and Shauna Freedman, Psy.D.

- Administered cognitive and personality assessments to develop psychological reports and provided evaluative feedback including diagnostic findings and treatment recommendations to family and referring pediatrician.
- Provided integrated health care in collaboration with primary care providers to adults and children.
- Provided individual and family psychotherapy services to children, adolescents, and adults.

Hartgrove Behavioral Health System, Cicero, IL.

Partial Hospitalization Program – Psychotherapist Extern

July 2018 – Aug. 2019

Supervisor: Hiren Ghayal, Psy.D. and Katarzyna Lesniak, Psy.D.

- Provided outpatient therapy services to children, pre-adolescents, adolescents and families.
- Facilitated inpatient group therapy services. Topics include affect regulation, mindfulness, trauma-informed, and cognitive behavioral restructuring.
- Certified in de-escalation crisis training by Crisis Prevention Institute

Comprehensive Clinical Services, P.C. Lombard, IL.

Private Practice – Psychotherapist and Diagnostician Extern

Aug. 2017 – June 2018

Supervisor: Daniel B. Martinez, MD and Shannon Calvert, Psy.D.

- Provided individual, couple, and family psychotherapy services to children, adolescents, adults, and elderly.
- Administered cognitive and personality assessments to develop psychological reports.
- Collaborated with patients' psychiatrists throughout treatment development.
- Connected clients to social and natural supports in the community.

Advocate Illinois Masonic Medical Center, Chicago, IL.

Emergency Room - Crisis Clinician Extern

June 2016 – Dec. 2016

Supervisor: Christopher Rector, PhD

- Engaged in crisis interventions implementing integrated health care.
- Facilitated crisis intake assessments, bereavement care interventions, and psychiatric inpatient hospitalizations.

Behavioral Health Services - Psychotherapist and Diagnostician Extern

June 2016 – Dec. 2016

Supervisor: Melissa Hernandez, Psy.D.

- Delivered therapeutic interventions to ethnically and racially diverse populations of children, adolescents and adults in an outpatient setting.
- Facilitated therapeutic modalities that include individual, family, couples and group psychotherapy.
- Engagement in psychodrama based therapy interventions and supervision.
- Facilitated intensive outpatient groups surrounding substance addictions.

Lutheran Social Services of Illinois, Chicago, IL.

Diagnostic Extern

Aug. 2015 – Aug. 2016

Supervisor: Stephanie Bagwell, Psy.D.

- Administered cognitive and personality assessments pertinent to presenting problems and referral questions via an empathetic and therapeutic interaction with clients.
- Conceptualized case presentations and developed psychological reports, which include diagnostic findings and treatment recommendations.
- Collaborated with multidisciplinary teams to further develop clinical understanding of client, discuss assessment results, and develop an effective treatment plan that reflects consideration of access to resources and multicultural considerations.
- Delivered debriefing sessions of psychological reports with parents and referral source, which includes mental-health professionals and educational advocates, such as teachers and school psychologists.

Sojourner Family Peace Center – Beyond Abuse, Milwaukee, WI.

Behavioral Health Intern

Aug. 2011 – May 2012

Supervisor: Patricia Ruiz-Cantu, MSW

- Facilitated group therapy with court mandated individuals who had committed violent, abusive acts and/or exhibited controlling behavior in their intimate partner relationships.
- Completed clinical intakes and mental health assessments

PROFESSIONAL EXPERIENCE

Thresholds Mental Health Agency, Chicago, IL.

Psychiatric Case Manager

Nov. 2022 – June 2023

Sept. 2013 – Sept. 2014

Supervisor: Jessica Walker, M.A., QMHP & Ellen Meloy, M.A., LPC

- Facilitated mental health rehabilitation interventions to achieve resilience and recovery goals amongst individuals with severe psychiatric illnesses. Intervention services included: individual and group therapy, case management, job support, crisis intervention, and psycho-social rehabilitation.

Ideal Protein - Mindset Health and Wellness Services, Chicago, IL.

Health Coach

Jan. 2015 – Present

- Implement a holistic health model approach in developing preventative wellness strategies.
- Integrate motivational interviewing and mindfulness interventions to increase self-awareness and promote overall wellness.

The Chicago School of Professional Psychology, Chicago, IL.

Note-taker, Accessibility Compliance and Campus Educational Support Services

Oct. 2014 – Present

Supervisor: Courtney Bilbrey, MSW

- Assist doctoral clinical psychology students with a documented disability by course note taking.
- Health Insurance Portability and Accountability Act (HIPAA) certified

Childhood Autism Treatment Team, Waukesha, WI.

Certified Line Therapist

Mar. 2010 - Mar. 2012

Supervisor: Tracy Hoffmann, M.A. Occupational Therapy

- Composed an individual treatment plan via an eclectic approach. Treatment plans included both interventions completed internally by the program as well as external consultations and services.
- Provided weekly individual therapy sessions with children experiencing autism symptoms.
- Trained in applied behavior analysis, verbal behavior therapy, relationship development intervention and Greenspan's floor time.
- Collaborated with a multi-disciplinary team to assess progress, develop new approaches, and collaborate with patient's caregivers.

Marquette University, Milwaukee, WI.

Program Chair, Conduct Board, Marquette University

Mar. 2010 – Mar. 2012

- Administered drug and alcohol intakes
- Facilitated conduct hearings and constructed psychoeducation based treatment plans.

Integrated Development Services, Waukesha, WI.

Certified Line Therapist – In home Autism Services

Aug. 2009 – May 2010

- Assessed children's level of daily functioning, considering developmental needs and caregiver's priorities, for an effective therapeutic treatment approach.
- Fostered new cognitive skills in the context of natural play routines and daily activities.

RESEARCH EXPERIENCE

The Chicago School of Professional Psychology, Chicago, IL.

Research Clerkship, Museum of Science and Industry

Sept. 2014 – June 2015

Supervisor: Kin Ching Kong, Ph.D.

- Participated in consultation with the National Institute of Health by assessing signs and symptoms of distress amongst participants of the SimLab at the Museum of Science and Industry (MSI).
- Reported observations, recommendations, and qualitative/quantitative analyses to MSI.
- Developed a literature review regarding community health issues to inform MSI.
- Administered the Children's Impact of Events Scale (CRIES-8) along with a qualitative interview.

Marquette University, Milwaukee, WI.

Research Assistant, Attention-Deficit/Hyperactivity Disorder lab

Sept. 2011 – May 2012

Supervisor: Alyson Gerdes, Ph.D.

- Developed a culturally appropriate measure of functional impairment for ADHD by collecting data from the Latino community, including Latino parental perceptions towards ADHD and their culture's role in parental problem recognition and parental motivation to seek treatment for ADHD.
- Administered the Disruptive Behaviors Disorders Rating Scale (DBD), Child Behavior Checklist (CBCL/6-18), Conners-3 (Conners, 2008), Acculturation Rating Scale for Mexican Americans-II (Cuellar et al., 1995) and the Mexican American Cultural Values Scale for Adolescents and Adults (MACV; Knight et al., 2009)

Marquette University, Milwaukee, WI.

Research Assistant, Parent-Child Conflict Resolution Lab

Sept. 2009 – May 2012

Supervisor: John Grych, Ph.D.

- Interviewed Latino individuals to collect data regarding family processes that contribute to the development of child psychopathology, with emphasis on conflict and violence.
- Transcribed interviews and coded data, inputting data into SPSS.
- Administered the Multigroup Ethnic Identity Measure (MEIM), Interpersonal Reactivity Index (IRI), Parent-Child Conflict Tactic Scale (CTSPC), Symptom Checklist-Revised (SCLR), Rosenberg Self-Esteem Scale (RSE), and the Conflict Tactic Scale: Partner-to-Partner (CTS2).

POSTERS AND PRESENTATION

VanWort, L., Renteria, R., & Ketterer, K., & Kong, K. (2015, June). *Patient Simulator and Health Behavior Change: The Heart Disease Module*. Poster presented in The Chicago School of Professional Psychology's Graduate Research Forum, Chicago, Illinois

Renteria, R., & Jones, K. (2015, March). *Understanding BDSM as an Alternative Expression of Sexual Identity*. Poster presented in The Chicago School of Professional Psychology's Women Group UN-FERENCE, Chicago, Illinois

Oxtoby, C., Renteria, R., & Grych, J. (2011, March). *Factors Shaping Youths' Perceptions of Dating Aggression: Examination by Gender*. Poster presented in the biennial meeting of Society for Research in Child Development, Montréal, Québec, Canada

ACADEMIC SCHOLARSHIP

Scholarship for Disadvantaged Students (SDS)

September 2017

Primary care graduate student dedicated to the support of medically underserved communities

Funded by The Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services

STUDY ABROAD

Community based interventions for trauma and torture

June 2016

Santiago, Chile

- Utilized an ecological approach to comprehend the impact of torture and trauma.
- Applied psychological theories to explain the ameliorative effects of collective responses to trauma and torture.
- Conceptualized the intergenerational impact of torture and trauma and appropriate responses per generation.

TEACHING

Teaching Assistant, General Psychology, Marquette University

Aug. 2011 – June 2012

Supervisor: Anthony Porcelli, Ph.D.

- Tutored undergraduate students taking Introduction to Psychology

COMMUNITY SERVICE

Assistant to Program Chair, Illinois Caucus for Adolescent Health (ICAH), Chicago, IL. Jan. 2013 – Aug. 2014

Supervisor: Joy Messinger, MSW

- Collaborated with Chicago Public School District to implement two programs, Youth Advisory Council and Peer Health Ambassadors, in accordance with their Teen Pregnancy Prevention Initiative grant.
- Hired group facilitators, developed a ten-week sex-educational program and facilitated bi-monthly youth oriented sessions regarding youth development, social justice, anti-violence, LGBTQIA education/awareness and sexual health.

PROFESSIONAL AFFILIATIONS

National Latinx Psychological Association

Sept. 2017 - Present

Student Affiliate

Center for Latino/a Mental Health

Aug. 2017 - Present

Student Affiliate

Chicago School Student Association

June 2016 - Present

Co-Chair

Society for Health Psychology Group, Division 38 of APA

June 2016 - Present

Student Affiliate

PRIDE

Aug. 2014 – Aug. 2016

Student Affiliate

Collaborate with peers to increase the visibility and awareness of LGBTQ issues and assist The Chicago School in upholding its mission as a diverse, accepting community.

American Psychological Association

Aug. 2012 – Present

Student Affiliate

VOLUNTEER EXPERIENCE

Mentor, Sheila A. Doyle Foundation

Sept. 2017 - Present

Bereavement camp that provides support to children whose parent, legal guardian, or sibling fell victim to homicide.

Program Assistant, 2017 Latino Behavioral Health Conference

Oct. 2017

Facilitate discussions regarding the evolution of mental health services and social justice impacting LatinX community

Mentor, First Friends, The Chicago School of Professional Psychology

June 2017 – Present

Assist international students transitioning into the United States via mentorship and leadership skills.

Volunteer, Lincoln Park Community Shelter

Mar. 2015 – Present

Assist in organizing donations, light administrative tasks, and in meal preparation and serving.

Committee Chair, Hunger Clean-Up, Marquette University

Aug. 2008 – May 2012

Initiated and maintained communication with 125 volunteer worksites in the Milwaukee county, allowing over 3,000 Marquette students to dedicate a day of service, addressing issues of poverty and hunger.

Big Sister, Big Brothers Big Sisters

Aug. 2008 – May 2012

Committed four years to weekly meet with a young girl to support her intellectual and emotional well-being, and personal skills.

Team Captain, Colleges Against Cancer

Aug. 2008 – May 2012

Encouraged students to coordinate creative fund raisers for cancer awareness and prevention.

Team Leader, Orientation Staff, Marquette University

Mar. 2009 – Aug. 2011

Provided support and guidance to incoming students and their parents as they transitioned to Marquette University.

Committee Chair, Best Buddies, Marquette University

Aug. 2009 – May 2012

Collaborated with a cognitively disabled individual on a weekly basis to aid in his or her emotional well-being, and personal skills.

Volunteer, Urban Connection

Jan. 2009 – Jan. 2012

Participated in a 'day of service' dedicated to aiding the Milwaukee County in numerous facets: fiscal, emotional, and physiological needs.

Member, Midnight Run

Aug. 2009 – May 2011

Fed Milwaukee's homeless population and fulfilled the chores of family members in temporary housing so they may have family time, and I talked with teen mothers in temporary housing dealing with the threat of losing their children.

Volunteer, Carmen High School of Science and Technology

Aug. 2010 – Aug. 2011

Translated for parents and teachers in parent-teacher conferences

Care taker volunteer, Penfield Children Center

Aug. 2010 – Aug. 2011

Watched over the well-being of children between the ages of nine and thirty-six months

Volunteer, Hurricane Katrina Relief

July 2010

Spent a week in New Orleans, LA rebuilding homes and providing emotional support to those in need

Volunteer, Make a Difference Day

Aug. 2009 - May 2012

Attend to a location in Milwaukee County in need of physical labor.

Host, Marquette Ambassador

Jan. 2009 - May 2012

Housed prospective Marquette University students and reached out to local high schools by speaking of the advantages of attending college.

Participant, S.T.A.R. (Students Taking Active Roles)

Jan. 2008- Jan. 2009

Attended semester biweekly sessions regarding the role of effective leadership and how to sustain it