

Rachael Renteria, M.A.

Clinical psychology training, research and community service

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Education

The Chicago School of Professional Psychology

Chicago, IL · APA Accredited Program

- M.A. Clinical Psychology, degree conferred · Aug. 2014 – June 2016
- Psy.D. Clinical Psychology, clinical training · Aug. 2014 – March 2022

Marquette University

Aug. 2008 – May 2012

Milwaukee, WI

- B.A. Psychology; B.A. Philosophy
- Minor: Family Studies

Foreign Language

Spanish — native speaker

Clinical Training

Intensive Outpatient Programming — Doctoral Intern

Aug. 2021 – March 2022

Mental Health Services, Edina, MN

Supervisor: Morgan Schwartz, Psy.D.

- Trained in the provision of Dialectical Behavioral Therapy at the individual and group level, across symptomatology, and across the life span. Individuals attended group therapy 9 hours/week.
- Facilitated intensive outpatient programming as part of an integrated dual diagnosis treatment approach to manage substance use among adults.

Private Practice — Psychotherapist and Diagnostician Extern

Aug. 2019 – Aug. 2020

Primary Care Psychology Associates, LLC, Chicago, IL

Supervisors: Denise Gardner, PhD and Shauna Freedman, Psy.D.

- Administered cognitive and personality assessments to develop psychological reports and provided evaluative feedback including diagnostic findings and treatment recommendations to family and referring pediatrician.
- Provided integrated health care in collaboration with primary care providers to adults and children.
- Provided individual and family psychotherapy services to children, adolescents, and adults.

Partial Hospitalization Program — Psychotherapist Extern

July 2018 – Aug. 2019

Hartgrove Behavioral Health System, Cicero, IL

Supervisors: Hiren Ghayal, Psy.D. and Katarzyna Lesniak, Psy.D.

- Provided outpatient therapy services to children, pre-adolescents, adolescents and families.
- Facilitated inpatient group therapy services. Topics include affect regulation, mindfulness, trauma-informed, and cognitive behavioral restructuring.
- Certified in de-escalation crisis training by Crisis Prevention Institute.

Private Practice — Psychotherapist and Diagnostician Extern

Aug. 2017 – June 2018

Comprehensive Clinical Services, P.C., Lombard, IL

Supervisors: Daniel B. Martinez, MD and Shannon Calvert, Psy.D.

- Provided individual, couple, and family psychotherapy services to children, adolescents, adults, and elderly.
- Administered cognitive and personality assessments to develop psychological reports.
- Collaborated with patients' psychiatrists throughout treatment development.
- Connected clients to social and natural supports in the community.

Emergency Room — Crisis Clinician Extern

June 2016 – Dec. 2016

Advocate Illinois Masonic Medical Center, Chicago, IL

Supervisor: Christopher Rector, PhD

- Engaged in crisis interventions implementing integrated health care.
- Facilitated crisis intake assessments, bereavement care interventions, and psychiatric inpatient hospitalizations.

Behavioral Health Services — Psychotherapist and Diagnostician Extern

June 2016 – Dec. 2016

Advocate Illinois Masonic Medical Center, Chicago, IL

Supervisor: Melissa Hernandez, Psy.D.

- Delivered therapeutic interventions to ethnically and racially diverse populations of children, adolescents and adults in an outpatient setting.
- Facilitated therapeutic modalities that include individual, family, couples and group psychotherapy.
- Engagement in psychodrama-based therapy interventions and supervision.
- Facilitated intensive outpatient groups surrounding substance addictions.

Diagnostic Extern

Aug. 2015 – Aug. 2016

Lutheran Social Services of Illinois, Chicago, IL

Supervisor: Stephanie Bagwell, Psy.D.

- Administered cognitive and personality assessments pertinent to presenting problems and referral questions via an empathetic and therapeutic interaction with clients.
- Conceptualized case presentations and developed psychological reports, which include diagnostic findings and treatment recommendations.
- Collaborated with multidisciplinary teams to further develop clinical understanding of client, discuss assessment results, and develop an effective treatment plan that reflects consideration of access to resources and multicultural considerations.
- Delivered debriefing sessions of psychological reports with parents and referral sources, including mental-health professionals and educational advocates such as teachers and school psychologists.

Behavioral Health Intern

Aug. 2011 – May 2012

Sojourner Family Peace Center – Beyond Abuse, Milwaukee, WI

Supervisor: Patricia Ruiz-Cantu, MSW

- Facilitated group therapy with court-mandated individuals who had committed violent, abusive acts and/or exhibited controlling behavior in their intimate partner relationships.
- Completed clinical intakes and mental health assessments.

Professional Experience

Psychiatric Case Manager

Nov. 2022 – June 2023 · Sept. 2013 – Sept. 2014

Thresholds Mental Health Agency, Chicago, IL

Supervisors: Jessica Walker, M.A., QMHP & Ellen Meloy, M.A., LPC

- Facilitated mental health rehabilitation interventions to achieve resilience and recovery goals amongst individuals with severe psychiatric illnesses. Services included individual and group therapy, case management, job support, crisis intervention, and psycho-social rehabilitation.

Health Coach

Jan. 2015 – Present

Ideal Protein – Mindset Health and Wellness Services, Chicago, IL

- Implement a holistic health model approach in developing preventative wellness strategies.
- Integrate motivational interviewing and mindfulness interventions to increase self-awareness and promote overall wellness.

Note-taker, Accessibility Compliance and Campus Educational Support Services

Oct. 2014 – Present

The Chicago School of Professional Psychology, Chicago, IL

Supervisor: Courtney Bilbrey, MSW

- Assist doctoral clinical psychology students with a documented disability by course note taking.
- HIPAA certified.

Certified Line Therapist

Mar. 2010 – Mar. 2012

Childhood Autism Treatment Team, Waukesha, WI

Supervisor: Tracy Hoffmann, M.A. Occupational Therapy

- Composed individual treatment plans via an eclectic approach, including internal interventions and external consultations and services.
- Provided weekly individual therapy sessions with children experiencing autism symptoms.
- Trained in applied behavior analysis, verbal behavior therapy, relationship development intervention and Greenspan's floor time.
- Collaborated with a multidisciplinary team to assess progress, develop new approaches, and work with patients' caregivers.

Program Chair, Conduct Board

Mar. 2010 – Mar. 2012

Marquette University, Milwaukee, WI

- Administered drug and alcohol intakes.
- Facilitated conduct hearings and constructed psychoeducation-based treatment plans.

Certified Line Therapist — In-home Autism Services

Aug. 2009 – May 2010

Integrated Development Services, Waukesha, WI

- Assessed children's level of daily functioning, considering developmental needs and caregivers' priorities, for an effective therapeutic treatment approach.
- Fostered new cognitive skills in the context of natural play routines and daily activities.

Research Experience

Research Clerkship, Museum of Science and Industry

Sept. 2014 – June 2015

The Chicago School of Professional Psychology, Chicago, IL

Supervisor: Kin Ching Kong, Ph.D.

- Participated in consultation with the National Institutes of Health by assessing signs and symptoms of distress amongst participants of the SimLab at the Museum of Science and Industry (MSI).
- Reported observations, recommendations, and qualitative/quantitative analyses to MSI.
- Developed a literature review regarding community health issues to inform MSI.
- Administered the Children's Impact of Events Scale (CRIES-8) along with a qualitative interview.

Research Assistant, ADHD Lab

Sept. 2011 – May 2012

Marquette University, Milwaukee, WI

Supervisor: Alyson Gerdes, Ph.D.

- Developed a culturally appropriate measure of functional impairment for ADHD by collecting data from the Latino community, including Latino parental perceptions of ADHD and their culture's role in problem recognition and motivation to seek treatment.
- Administered the DBD, CBCL/6-18, Conners-3, ARSMA-II and the Mexican American Cultural Values Scale (MACV).

Research Assistant, Parent-Child Conflict Resolution Lab

Sept. 2009 – May 2012

Marquette University, Milwaukee, WI

Supervisor: John Grych, Ph.D.

- Interviewed Latino individuals to collect data regarding family processes that contribute to the development of child psychopathology, with emphasis on conflict and violence.
- Transcribed interviews and coded data, inputting data into SPSS.
- Administered the MEIM, IRI, CTSPC, SCL-R, Rosenberg Self-Esteem Scale and CTS2.

Posters & Presentations

Patient Simulator and Health Behavior Change: The Heart Disease Module

June 2015

VanWort, L., Renteria, R., Ketterer, K., & Kong, K. The Chicago School Graduate Research Forum, Chicago, Illinois.

Understanding BDSM as an Alternative Expression of Sexual Identity

March 2015

Renteria, R., & Jones, K. The Chicago School Women Group UN-FERENCE, Chicago, Illinois.

Factors Shaping Youths' Perceptions of Dating Aggression: Examination by Gender

March 2011

Oxtoby, C., Renteria, R., & Grych, J. Biennial meeting of the Society for Research in Child Development, Montréal, Québec.

Scholarship, Study Abroad & Teaching

Scholarship for Disadvantaged Students (SDS)

Sept. 2017

Primary care graduate student dedicated to supporting medically underserved communities. Funded by HRSA, U.S. Department of Health and Human Services.

Community-based interventions for trauma and torture

June 2016

Study abroad · Santiago, Chile

- Utilized an ecological approach to comprehend the impact of torture and trauma.
- Applied psychological theories to explain the ameliorative effects of collective responses to trauma and torture.
- Conceptualized the intergenerational impact of torture and trauma and appropriate responses per generation.

Teaching Assistant, General Psychology

Aug. 2011 – June 2012

Marquette University

Supervisor: Anthony Porcelli, Ph.D.

- Tutored undergraduate students taking Introduction to Psychology.

Community Service

Assistant to Program Chair

Jan. 2013 – Aug. 2014

Illinois Caucus for Adolescent Health (ICAH), Chicago, IL

Supervisor: Joy Messinger, MSW

- Collaborated with Chicago Public Schools to implement the Youth Advisory Council and Peer Health Ambassadors programs under their Teen Pregnancy Prevention Initiative grant.
- Hired group facilitators, developed a ten-week sex-education program and facilitated bi-monthly youth sessions on youth development, social justice, anti-violence, LGBTQIA awareness and sexual health.

Professional Affiliations

National Latinx Psychological Association

Sept. 2017 – Present

Student Affiliate

Center for Latino/a Mental Health

Aug. 2017 – Present

Student Affiliate

Chicago School Student Association

June 2016 – Present

Co-Chair

Society for Health Psychology, Division 38 of APA

June 2016 – Present

Student Affiliate

PRIDE

Aug. 2014 – Aug. 2016

Student Affiliate

Collaborated with peers to increase visibility and awareness of LGBTQ issues at The Chicago School.

American Psychological Association

Aug. 2012 – Present

Student Affiliate

Volunteer Experience

Mentor, Sheila A. Doyle Foundation

Sept. 2017 – Present

Bereavement camp supporting children whose parent, legal guardian, or sibling fell victim to homicide.

Program Assistant, 2017 Latino Behavioral Health Conference	Oct. 2017
Facilitated discussions on the evolution of mental health services and social justice impacting the Latinx community.	
Mentor, First Friends – The Chicago School	June 2017 – Present
Mentoring international students transitioning to the United States.	
Volunteer, Lincoln Park Community Shelter	Mar. 2015 – Present
Organizing donations, light administrative tasks, and meal preparation and serving.	
Committee Chair, Hunger Clean-Up – Marquette University	Aug. 2008 – May 2012
Coordinated 125 volunteer worksites in Milwaukee County so 3,000+ students could give a day of service addressing poverty and hunger.	
Big Sister, Big Brothers Big Sisters	Aug. 2008 – May 2012
Four years of weekly meetings supporting a young girl's intellectual and emotional well-being.	
Team Captain, Colleges Against Cancer	Aug. 2008 – May 2012
Encouraged students to coordinate creative fundraisers for cancer awareness and prevention.	
Team Leader, Orientation Staff – Marquette University	Mar. 2009 – Aug. 2011
Supported incoming students and their parents through the transition to Marquette.	
Committee Chair, Best Buddies – Marquette University	Aug. 2009 – May 2012
Weekly companionship supporting a cognitively disabled individual's emotional well-being and personal skills.	
Volunteer, Urban Connection	Jan. 2009 – Jan. 2012
Days of service aiding Milwaukee County's fiscal, emotional, and physiological needs.	
Member, Midnight Run	Aug. 2009 – May 2011
Fed Milwaukee's homeless population, took on chores so families in temporary housing could have family time, and talked with teen mothers facing the threat of losing their children.	
Volunteer, Carmen High School of Science and Technology	Aug. 2010 – Aug. 2011
Translated for parents and teachers at parent-teacher conferences.	
Caretaker Volunteer, Penfield Children's Center	Aug. 2010 – Aug. 2011
Watched over the well-being of children ages 9 to 36 months.	
Volunteer, Hurricane Katrina Relief	July 2010
A week in New Orleans rebuilding homes and providing emotional support.	
Volunteer, Make a Difference Day	Aug. 2009 – May 2012
Physical labor at Milwaukee County sites in need.	
Host, Marquette Ambassador	Jan. 2009 – May 2012
Housed prospective students and spoke at local high schools about attending college.	
Participant, S.T.A.R. (Students Taking Active Roles)	Jan. 2008 – Jan. 2009
Biweekly sessions on effective leadership and how to sustain it.	